



*\*\*\*USA Track and Field Certified\*\*\**

**ONLINE REGISTRATION:** [WWW.BESTRACE.COM/BLOOMINGDALE5K/](http://WWW.BESTRACE.COM/BLOOMINGDALE5K/)

**WHEN:** SUNDAY, NOVEMBER 6, 2016  
7:00 LATE REGISTRATION  
8:00 1 MILE FUN RUN  
8:30 5K RUN

**WHERE:** BLOOMINGDALE AVE SCHOOL (200 BLOOMINGDALE AVE, CRANFORD, NJ)

**COST:** BY OCT 15: 5K = \$23 / FUN RUN = \$13

**SCORING INFORMATION:** [WWW.BESTRACE.COM](http://WWW.BESTRACE.COM)

**AWARD CATEGORIES:**

FOR THE 5K: TOP 3 MALE AND FEMALE OVERALL, TOP MALE AND FEMALE FINISHER IN EACH AGE GROUP (8 & UNDER, 9-11, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+) / FOR THE FUN RUN: RIBBON PARTICIPANTS UNDER 15

**AMENITIES:**

- CUSTOM T-SHIRT FOR ALL PRE-RACE DAY REGISTRANTS (BY OCT 15)
- POST RACE FOOD AND REFRESHMENTS
- DJ MUSIC, FACE PAINTING & BOUNCE HOUSE

**VOLUNTEER / SPONSORSHIP INFO:** [BASOASFALL5K@GMAIL.COM](mailto:BASOASFALL5K@GMAIL.COM)

*\*\*\*ELITE SPONSOR\*\*\**

